

## How and Why do Parents Contact the School Counselor?

Concerns over student achievement  
Family health problems  
New school registration and orientation  
Test interpretation  
Discussing special needs of their child  
Early discussion of potential crises  
Family difficulties or concerns  
Request referral to counseling

Parents can  
counselor at  
conference.



call the school  
any time for a phone

**KIDS DON'T CARE HOW MUCH  
YOU KNOW UNTIL THEY KNOW  
HOW MUCH YOU CARE!**

## How Does a Student See a Counselor?

Self-referral  
Request of a counselor  
Parent referral  
Administrative referral  
Teacher or other staff referral



*If you or a loved one are in an immediate crisis, please call:*

*Community Wide Crisis Line: 520-622-6000,  
Or 911*

*Other non-emergency numbers:  
National Suicide Prevention Lifeline Phone  
Number: 1-800-273-8255  
Crisis Text Line: Text 741741*

## *Introducing Your* **Middle SCHOOL COUNSELOR**

**Roskrige Bilingual K8**  
**HOME OF THE PUMAS**

**Martina Leon Rodriguez**  
**520-261-2977**

**Martina.leonrodriguez@  
tusd1.org**

School Counselors help  
children by . . .

- Promoting positive attitudes among students toward self, family, peers and community.
- Assisting students in learning how school performance relates to future opportunities.



- Developing and delivering classroom guidance lessons that teach skills such as healthy decision making, resolving conflicts and respecting others.
- Working collaboratively with students, parents and teachers to identify and remove barriers to learning.
- Supporting students by teaching skills for achieving success.
- Helping students to recognize and make the best of their abilities.
- Counseling with students individually and in groups
- Providing support during personal crisis.
- Orienting new students.

- Working with students on attendance issues.
- Coordinating referrals to outside agencies; (Casa De Los Niños, etc.)
- Helping design interventions to enhance student success.
- Developing community partnerships to enhance student career awareness.
- Helping teachers create a positive learning environment.
- Helping students learn anger management, conflict resolution, and mediation skills.
- Helping parents, teachers, administrators in learning how to meet the needs of all students.



“I have a lot of difficulty dealing with my stepchild.”

“Fred scores high on standardized tests but hardly makes passing grades in school.”

“Karen always tells me she doesn’t have homework, but I found out she isn’t doing it.”

“I need some ideas for helping students to get along with each other.”

“Bill hasn’t been himself lately. He seems to be preoccupied with something.”

“I have a bad temper and need to learn how to control it.”

“Mary has been absent from school an awful lot this year.”

“My dad gets so angry when he’s been drinking.”

“I want my child my child to be referred to counseling.”

“I am afraid of getting Covid-19.”

“I am afraid my family can get Covid-19;”

“I want to talk to someone about my feelings.”

“I can’t leave my home; I’m afraid of Covid-19.”

## School Counselors Can Help in Many Situations

“My parents are getting a divorce. I don’t know what’s going to happen.”

I’m new here and I’m having trouble making friends.”

## Counselors are the heart of the school by . . .

- Helping create a safe school environment where children can learn.